

**HEALTH AND WELLBEING BOARD: 25 MAY 2023**  
**REPORT OF THE DIRECTOR OF PUBLIC HEALTH FOR**  
**LEICESTERSHIRE COUNTY COUNCIL**  
**HEALTH AND WELLBEING BOARD ANNUAL REPORT 2021/22 &**  
**2022/23**

**Purpose of report**

1. The purpose of this report is for the Health and Wellbeing Board to look back over the past two years (2021-2023) and reflect on:
  - what has been achieved
  - where the Board sees itself in the next 12-24 months.
2. Focus will be given to the importance of Place and how the Health and Wellbeing Board is integral in helping to shape and influence the direction of the wider System, including the priorities at a local Neighbourhood level.
3. This report is intended to provide a succinct summary, highlighting some key achievements and good examples of where partnership working is making a positive impact on the health and wellbeing of our communities.
4. The content of this report is a partnership collaboration of reflections and insights, with each member of the Health and Wellbeing Board given the opportunity to contribute their views.

**Recommendation**

5. The Board is asked to:
  - note the contents of the report, acknowledging the progress to date;
  - recognise the work needed to further strengthen and develop the Board as a Place-based leader.

**Achievements over the past 24 months**

6. Over the past 24 months the Health and Wellbeing Board has overseen a number of key workstreams which demonstrate good practice and good partnership working. These are described in more detail below.

*Air quality and health*

7. The previous HWB Annual Report referenced the recommendations resulting from the Air Quality and Health JSNA, published in May 2019. As a result, an

Air Quality and Health Partnership and joint action plan was created, led by Public Health, to deliver against these recommendations. Progress against the overarching commitments are as follows:

Recommendations	Progress Made
<p><b>Planning and development strategies and proposals:</b> Guidance and frameworks should be developed with and for planners to support measures to improve air quality and identify and address developments which may worsen air quality. Each authority will be expected to contribute to the healthy design guide programme of work.</p>	<p>Work with local planners is ongoing as part of the planning pilot work approved by Strategic Planning Group (SPG). This work is carried out in partnership with the Town and Country Planning Association (TCPA) and includes the creation of a template Strategic Health Policy for Local Plans throughout Leicestershire and common Health Impact Assessment (HIA) threshold approach to planning applications for developments, which includes air quality and health considerations. Work has begun with districts to link to health inequality and air quality considerations into Local Plans. Health considerations have also been explored within the early stages of the development of the Local Highway Design Code refresh and a HIA carried out on HS2.</p>
<p><b>Information sharing and campaigns:</b> It is important that steps are taken to understand the public's views, knowledge, attitudes and motivations, in order that they can be engaged in developing actions which are aligned with their priorities. Each authority will be expected to promote county-wide campaigns.</p>	<p>Initially, the group wanted to understand the sources of pollutants and the local picture around pollution better to inform communications and engagement. A report looking at pollutants throughout the county at a low geographical level was received late 2022, and will inform key messages and engagement going forward, alongside ongoing countywide campaigns such as Clean Air Day and Ask About Asthma. Targeted work around NO<sub>2</sub>, PM<sub>2.5</sub> and domestic fuel burning are ongoing in some of our districts, funded through DEFRA funding.</p>

8. The next stage of this work is to engage with the public and raise awareness of air pollution, its impact on health and how to encourage sustainable behaviour change. Other partnership commitments are focused around active and sustainable travel.

### *Wider determinants action plan (WDAP)*

9. Some of the key areas of success have been:
- The creation of a joint approach between LCC Public Health and partners to embed health considerations within planning policy, which has seen the development of a strategic health policy template and health data packs for all areas.
  - Work with Planning colleagues to map a wider process and practical sign up to embed Health Impact Assessments (HIA) in the local planning process.
  - Completion of a comprehensive HIA for HS2
  - Completion of a review of the workplace offer, reshaped and relaunched with expansion and development.

### *Care technology service*

10. Leicestershire's Adult Social Care services have worked alongside its strategic partner Hampshire County Council and a commercial partner to transform Leicestershire's care technology service offer.
11. There will be opportunities to link the offer into other areas of digital health care across a range of stakeholders, such as the Lightbulb Project that brings together a range of agencies and support for Leicestershire residents to remain safe and well in their own homes.
12. The ambition of the service is to:
- Establish care technology as part of the first offer for Adult Social Care, in doing so, creating an equitable service designed around service user outcomes
  - Develop a programme of cultural change and engagement that drives high quality referrals, better understanding of care technology amongst practitioners and better outcomes for service users
  - Embed a quality assurance framework into the service model for care technology
  - Enable robust measurement of the financial and non-financial benefits of care technology.

### *Assisted technology dementia pilot*

13. Part of the Lightbulb Project, the aim of the pilot is to see how smart, assistive technology and gadgets can support vulnerable people, including those living with dementia, to remain independent, stay safe and improve wellbeing whilst also supporting carers:
- To date there have been 210 referrals out of a total of 770 made for service users living with dementia, Alzheimer's and memory loss.
  - The pilot is accessible to anyone living in Leicestershire.
  - Meeting the eligibility criteria has just been extended to the end of March 2024 to enable further evaluation to take place. The view is that it will become business as usual in some form after this date.

- The vast majority of items are small, low value items but are such that they make a big difference.

#### *LLR Transforming Care Design Group*

14. The LLR Transforming Care Design Group has made significant progress in achieving the ambitions of the National Transforming Care Programme (TCP) of Change; a care programme launched in 2012 following the report into the failings at Winterbourne View hospital. This includes:

- the Learning from Deaths of people with Learning Disability Review Programme (LeDeR), supporting the promotion of good health and wellbeing for service users with a learning disability/and or autism.
- the creation of a 3-year road map (2021-24) which seeks to improve outcomes for those with a learning disability and/or autism and aid service development.

#### *Joint Health and Wellbeing Strategy*

15. In February 2022, the Joint Health and Wellbeing Strategy (JHWS) was approved by members of the Health and Wellbeing Board. The JHWS is based on a life course approach, framed using the Leicester, Leicestershire and Rutland (LLR) Integrated Care System (ICS) life course transformational priorities, and is the place-led plan for LLR. As well as the formal strategy, an Easy Read version and Plan-on-a-Page have also been produced. A short video has also been developed to summarise the role of the Health and Wellbeing Board and aims of the strategy. A soft launch is planned after the May 2023 election period.

16. Sub-groups of the Health and Wellbeing Board are now established, mirroring the life-course approach and priorities set out within the JHWS. In December 2023 the Board approved a fourth 'mental health' subgroup which was recognised as a key cross cutting area that needed a place-based focus. Work to build and strengthen relationships with each of the subgroups has been fundamental in helping to identify key priority areas where the subgroups can add value over and above what is currently being delivered. A few examples are detailed below.

#### *Children & Families Partnership (C&FP)*

17. The C&FP's continued commitment to implement "The Promise" which is focussed specifically on children in care and care leavers, has ensured the children are at the heart of our decision making. For example, partner organisations outside of LCC are enabling care leavers and children in care to learn to drive for free in Pre-Driver Days; an initiative aimed at 16 to 17 years old who are interested in learning to drive. The Corporate parenting team then supports young people by match funding their lessons to assist them.

<https://www.tjunction.org.uk/pre-driver-days/>

18. Children and Family Services, working with Active Together, continue to co-ordinate the delivery of the Department of Education funded Holiday Activities and Food programme across the County, aimed at addressing holiday hunger and social isolation through the provision of free holiday club places for school aged children in receipt of benefits related free school meals.
19. Maintaining a healthy weight can have a positive impact on health and wellbeing. One of the ways C&FP are helping support communities to do this is through the HENRY Programme as part of their focus to reduce maternity and child obesity. HENRY stands for 'Health, Exercise and Nutrition for the Really Young'. Family Wellbeing Practitioners have been trained throughout the district and boroughs with each delivering two 12-week courses per year. The Programme will be rolled out through 2023.

#### *Integration Executive (IE)*

20. Care co-ordination has been funded through the BCF since 2015, however this was commissioned and delivered differently across East and West Leicestershire. In 2021 the process for establishing one service, commissioned and funded singularly across Leicestershire commenced. A jointly agreed and funded model to support discharges, D2A assessment beds and PCN's in their proactive care requirements has been developed including integrated joint funding arrangements, with additional investment through recurrent health funding, secured to further expand the service.
21. The desired outcomes are:
- To develop a model of proactive care working within neighbourhood teams and PCN's to reduce admissions
  - To create care plans with patients in the community to help maintain people at home and reduce admissions to care homes.
  - To reduce long-term admissions to care homes
  - To work with patient cohorts over 65 who do not require further support or services after discharge from hospital, to help them engage with community support to improve health outcomes and reduce the risk of readmission.
22. The overall impacts are:
- Minimising hospital admissions for care sensitive ambulatory conditions
  - Minimising readmissions for patients who do not require further support or services after discharge from hospital to ensure sufficient community support.
  - Preventing admission to long-term care from D2A beds.
  - Reducing admission to residential care in the community
  - 4-5 GP referrals per PCN referred to their allocated care co-ordinator per week.

### *Staying Healthy Partnership (SHP)*

23. The SHP is collectively looking at the impact that wider determinants and inequalities have on health and wellbeing. There is a real drive for partnership working and the importance of ensuring that there is alignment across the many workstreams.
24. Since establishment of the SHP, progress has been made across a number of workstreams to address some of the key issues affecting Leicestershire communities. These include:
- Cost of Living – this is being picked up through the Communities Group.
  - Community Health and Wellbeing Plans (CHWBP) – initial thematic cross cutting themes have been identified, though further work is needed to link them across all 7 plans
  - Embedding health in all policies – working with district and planning colleagues to achieve this
  - Housing: damp and mould issues – initial scoping has been carried out and a steering group has been established to progress this further

### *Mental Health Group*

25. In December 2022, the Health and Wellbeing Board approved the establishment of a fourth subgroup – the Mental Health Group.
26. Mental health is an important area reflected in the recognition and commitment to parity of esteem in national strategies by which mental health and physical health must be given equal priority, an approach which is enshrined in law by the Health and Social Care Act 2012. The JHWS recognises the need for improved mental health which is recognised as a cross-cutting priority.
27. Due to the range of areas being covered and the importance of mental health, it was felt that this area of work requires a dedicated sub-group which reports directly into the Health and Wellbeing Board. This would enable greater focus on all aspects of mental health with clear actions and accountability for improved outcomes.
28. The role of the sub-group will be to develop and deliver the mental health cross cutting priority elements of the JHWS, as well as other key place-based elements of the mental health agenda which require a co-ordinated approach. The Mental Health subgroup will report into the HWB and will also link into the system wide Leicester, Leicestershire and Rutland (LLR) Mental Health Collaborative.
29. Through NHS non-recurrent Prevention and Resilience funding Leicestershire County Council were able to secure £1,077,006k in 2022:



*“A non-recurrent Prevention and Resilience Fund has been created (one for each place; City, County and Rutland) that is targeted at initiatives that support prevention and resilience in relation to mental health and wellbeing for each neighbourhood.”*

30. This was used to fund the Leicestershire [‘Neighbourhood Mental Health Prevention and Resilience Grants 2022-23’](#). A grants programme designed to enable organisations based in Leicestershire to deliver neighbourhood-based projects, services and activities which will help to address mental health prevention and resilience in communities. The list of organisations who were successful in the Round 1 applications can be found [here](#).

#### *Integrated Care Systems*

31. As part of the 2022 Health and Social Care Act, Integrated Care Systems (ICSs) were formalised as legal statutory entities. Two key elements within a statutory ICS are the Integrated Care Board (ICB) and the Integrated Care Partnership (the LLR Health and Wellbeing Partnership) which was established as a formal partnership in August 2022.
32. The Health and Wellbeing Board is the place-based leader for health and wellbeing in Leicestershire. It has representation on and is an integral part of the Leicester, Leicestershire and Rutland Health and Wellbeing Partnership (LLR HWP), with the chair of the HWB adopting the role of joint chair of the HWP on a rolling basis. The HWB has been responsible for helping to shape the LLR Integrated Care Strategy for the wider System and ensure its alignment with the Joint Health and Wellbeing Strategy (JHWS). This also includes providing feedback on the ICB’s Joint 5yr Forward plan.

#### *Community Health and Wellbeing Plans*

33. Alongside the place-based work being driven through the JHWS, Community Health and Wellbeing Plans (CHWBPs) are being developed on a neighbourhood footprint to reflect the variance in health needs and outcomes across different areas of Leicestershire. The plans will form the strategic picture for health and wellbeing for the neighbourhood area with the intention that neighbourhood level initiatives are co-ordinated through these plans.
34. The CHWBPs aim to understand and improve the health and wellbeing needs of local populations by identifying and addressing key priorities and issues. The CHWBPs need to both inform the Leicestershire JHWS (through identification of local need) and respond to the JHWS priorities at a neighbourhood level, including:
- Identifying solutions to the Primary and Community care infrastructure/services when impacted by housing growth
  - Ensuring the NHS is maximising opportunities to bring care closer to home
35. Co-ordination across system, place and neighbourhood will be key in ensuring a ‘golden thread’ approach to delivering improved outcomes and will avoid duplication. The governance arrangements for the plans are currently being

discussed within each locality. The Health and Wellbeing Board will be updated on the cross-cutting themes that emerge from the CHWBPs including any recommendations to be actioned at a place level and potentially at a system level to the LLR HWP.

36. There are 7 CHWBPs currently being progressed, each at varying stages of development. It is anticipated that all of the CHWP's will be in place and approved by the end of 2023 with delivery plans in place within 6 months of each plan being approved.

#### *Pharmaceutical Needs Assessment*

37. The Health & Wellbeing Board met its statutory responsibility to complete a Pharmaceutical Needs Assessment which focuses on:
- identifying the pharmaceutical services currently available and assess the need for pharmaceutical services in the future.
  - informing the planning and commissioning of pharmaceutical services by identifying which services should be commissioned for local people, within available resources, and where these services should be.
  - informing decision making in response to applications made to NHS England by pharmacists and dispensing doctors to provide a new pharmacy.

#### *Joint Strategic Needs Assessment*

38. The following JSNA chapters have been completed and published in the last 12 months:
- Dementia
  - End of Life.
39. Several recommendations have been highlighted within both the Dementia and End of Life JSNA. These are being picked up through the Mental Health subgroup and the *Living and Supported Well* and *Dying Well* elements of the JHWS which sit within IE. Both Mental Health and IE are subgroups of the HWB.
40. It is anticipated that progress updates will be reported to the HWB in due course.

#### *Covid-19 recovery work*

41. As a partner of the Board, the Public Health delivery team has continued to provide support to Leicestershire residents as part of the ongoing Covid-19 recovery work. The positive impact that continues to be made to communities, groups and individuals is unquantifiable; providing a real lifeline to people in need of support and kindness. Some of the case studies, supported by the Community Recovery Workers, are detailed below:



<b>Community Recover Workers: Case Studies</b>	
<b>People</b>	<p>1. A gentleman who has a cancer diagnosis and recently widowed. Struggled with social isolation which was impacted by his mobility. Made referral to Charnwood falls services who came out with adjustments so he could safely use his scooter. Arranged for him to attend a lawn bowls group as a spectator. He regularly attends now and has made a few friends from the group. Also referred him to a local befriending service who are supporting him to do his garden which is his passion. He is feeling much more positive about the future and the social contact has made him feel like he belongs to society again.</p> <p>2. A man in Thurmaston had become isolated during the pandemic and due to low finances and poor mental health had found himself in arrears and hardship. I met him through the food bank and was able to link him in with Citizens Advice who supported him to sort out his debt arrears and carried out a benefit check. He is now in receipt of the correct benefits and is managing his finances more effectively.</p>
<b>Groups</b>	<p>1. In my role as a Community Recovery Worker, I attend community groups daily. This is from coffee mornings to health and well-being groups. Through attending groups, I have been able to work closely to members of communities to listen to their concerns and needs. This has enabled me to signpost residents to the appropriate organisations such as Food Banks and to the Warm Homes team.</p> <p>2. Anstey Men's Wellbeing Group. The group already existed but had to stop meeting during the pandemic and had since been meeting in a pub, but this was proving to be inappropriate due to noise and alcohol. I discussed with the group and the leader what sort of place would be better and they agreed that a quieter coffee shop would work well. I sourced a café on Link Road in Anstey who were more than happy to host the group. They now meet there every Wednesday at 2pm.</p>
<b>Partners/Agencies</b>	<p>1. Working with Active Charnwood helped to identify places and groups to hold activities. As a result, through joint working a walking group is being set up in Watermead Park with the Canal and River Trust.</p> <p>2. Ibstock Food Bank – launch of referral process. Supported partners and IFB with launch of new process. Information table set up and given to residents. Support provided to process referrals for food voucher and conversations about health and wellbeing.</p> <p>3. Brookfield is a residential home for Adults with Learning/physical disability. I met the parish council at the Beginning of 2022 who wanted to include the residents in the life of the village. Since then, residents volunteer in the</p>

	Library and the Church. The latest project is a joint venture between the Church Brookfield residents and volunteers from Great Glen to build vegetable planters in the church yard and the ground of Brookfield to grow produce for the churches growing social supermarket.
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### *Cost-of-living crisis response*

42. More recently the focus has moved to the cost-of-living crisis and the impact this is having on our communities. Organisations are working together to offer coordinated support and advice. A number of funding schemes, programmes and services are running across the county and districts to help those that need it most.

43. Through a place-based approach, the County Council, with the support of key partners, have developed the website [www.leicestershire.gov.uk/cost-of-living](http://www.leicestershire.gov.uk/cost-of-living), which provides residents with essential information on available funding, various initiatives, and money saving schemes to help support communities during these challenging times

<b>Place-based support offer to residents</b>	
<b>Public Health</b>	Warm Homes support Local Area Coordinators/Community Recovery Workers First Contact Plus Food and Food Poverty work
<b>Chief Executives</b>	SHIRE Community Grants Funding for the Citizens Advice Bureaux The Signposting and Community Support Service (SCSS)
<b>Environment &amp; Transport</b>	Love Food, Hate Waste The promotion of reuse or repair for furniture The electric bike voucher scheme
<b>Adults &amp; Communities</b>	Carers support service Home care providers
<b>Children &amp; Families</b>	Foodbank referrals and community fridges CFS workers supporting casework families Supporting Families Employment Advisor

44. To enhance the place-based offer, districts and boroughs have worked collaboratively to coordinate support at a local level to aid those in need. Some good examples include:

- Hinckley and Bosworth: Cost of Living Community Event – information, support and follow support
- Charnwood: Social Supermarket / Melton UKSPF project
- Charnwood: Exploring befriending and targeted support – reaching those who may not ask for help
- Melton: Here4Melton communications campaign with support offer embedded
- Blaby: Lightbulb Service, maximising awareness and reach particularly for the ageing population

### Healthwatch

45. Healthwatch has continued to reach out to communities to understand the issues that matter to them most. During the pandemic this proved challenging due to limited opportunities to meet with residents' face to face. Despite this, Healthwatch has achieved the following:

- Reaching 523 people about local Dementia Services and the impact that Covid-19 has had on local service provision
- During Mental Health Awareness week, supporting the campaign across social media, linking to their male suicide project. This also included supporting the New Music Beats collaboration song 'The Game' launched to get young people talking about their Mental Health.
- Reaching out to Bangladeshi and Pakistani communities to understand the barriers in taking up the Covid-19 vaccinations
- Continuing to work closely with the NHS Local Dental Committee (LDC) and feeding back concerns from patients, advocating for clear advice for patients and details of local NHS provision. This has resulted in the production of up-to-date advice which has meant people who need urgent treatment know their options and have clear information.

### Mental Health

#### **The Health and Wellbeing Board: Next 12-24 Months**

46. The current JSNA cycle runs 2022-2025. Given the important role that JSNAs play in illustrating the health and wellbeing of the population of Leicestershire, the recommendations of each chapter will be looked at proactively. It will be helpful to seek views from the Health and Wellbeing Board later this year about the prioritisation of work in the next JSNA cycle so that the production of chapters can be scheduled appropriately to inform the Boards' strategic thinking and the commissioning of services across Leicester, Leicestershire and Rutland. There may be new topics that are emerging for consideration and new approaches to the presentation of data that the Health and Wellbeing Board wishes to explore.

47. The current list of JSNA chapters that are being or due to be progressed are listed below. Published chapters to date can be accessed at <https://www.lsr-online.org/jsna.html>

Current JSNAs	Other theme areas for JSNA programming
Supporting information: demographics, deprivation, economy – post release of Census data	Early Years
Oral Health Needs ( <i>Underway</i> )	Adult Mental Health
Sexual Health HNA ( <i>Underway</i> )	Covid Impact
Health Inequalities ( <i>Underway</i> )	Access to Health Services
Children and Young People's Mental Health ( <i>Underway</i> )	Obesity
Substance Misuse ( <i>Underway</i> )	Economy and Workforce
Carers JSNA	Housing

48. Further Board development is needed to strengthen the importance of place within the wider system. This includes further refinement and clarity of governance structures.
49. A forward plan for the Health and Wellbeing Board is currently being developed with the aim of holding 2-3 development sessions a year. These sessions will enable the Board to focus on partnership working and identify key priority areas where the Board can add value over and above what is already being delivered. The first development session is planned for later this summer and will look to address some of these factors and help set the direction of the Board over the next 12 months.
50. As part of the reporting process, subgroups will be required to carry out an annual deep dive of their priority areas within the life course stage/s of the JHWS. This will provide the Board with progress updates on the JHWS, and in turn highlight the valuable contribution being made by each subgroup.
51. With the new Health and Wellbeing Board Project Officer now in post, a significant amount of work has taken place to develop the communication and engagement capability of the Board. Areas of focus over the next 12 months will include:
- Conducting a mapping exercise to ascertain resources and mechanisms already in place to avoid duplication and ensure alignment
  - Website development
  - Stronger utilisation of social media platforms
  - Undertaking an initial piece of engagement to form part of the baseline that will be used to measure the impact of the JHWS as part of the three-year review.

### **Summary**

52. The purpose of the Health and Wellbeing Board is to bring partners together to create an alliance of purpose by creating synergies and alignment across the wider system. There is an appetite and energy amongst members to continue to strengthen the Board and make it a place where it can add real value to the health and wellbeing outcomes of Leicestershire.
53. Building on the good partnerships already in place, it will be increasingly important over the next 12 months as the challenges of the cost of living, pressures on frontline and preventative services and the ongoing impact of the pandemic continue to affect our communities.

## **Background papers**

<https://politics.leics.gov.uk/documents/s162243/Health%20and%20Wellbeing%20Annual%20Report.pdf?v=1678089691>

## **Officer to contact**

Mike Sandys, Director Public Health  
[Mike.Sandys@leics.gov.uk](mailto:Mike.Sandys@leics.gov.uk)

Joshna Mavji, Assistant Director, Public Health  
[Joshna.Mavji@leics.gov.uk](mailto:Joshna.Mavji@leics.gov.uk)

## **Relevant Impact Assessments**

### Equality and Human Rights Implications

54. The HWB has a statutory duty to improve the health and well-being outcomes and reducing health inequalities across Leicestershire.

### Environmental Implications

55. The JHWS uses the Dahlgren and Whitehead (2006) social model of health to recognise the importance of the wider determinants on health on our health and wellbeing. This includes the importance of the impact of the environment in which we are born, live and grow. To ensure environmental implications are considered, there will also be Environment and Transport attendance at future Staying Healthy Partnership sub-group. Key priorities have been identified such as air quality, access to green space, active transport and having healthy places.

### Partnership Working and associated issues

56. Success of the JHWS and delivery of strategy commitments, is dependent on high quality, trusted partnership working and ownership. Through developing an alliance approach, it is hoped that further progress can be made across multiagency boundaries to improve the health and wellbeing of the Leicestershire population.
57. All members of the HWB were given the opportunity to contribute to the content of this annual report, emphasising the importance of collaboration and partnership working.

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